



East Palestine

Resources for Residents

To make an appointment for the Health Assessment Clinic:

- Call 234-564-7755 or 234-564-7888 to schedule.

Help with immediate needs, such as bottled water and hotel accommodations:

- Family Assistance Center: 800-230-7049

For 24/7 free, confidential emotional support with a trained specialist:

- Ohio's CareLine: 800-720-9616

If you are having reactions, such as dizziness or fatigue, coughing, nausea, and/or headaches:

- Contact your healthcare provider or the Poison Control Center: 877-603-0170.
- For severe reactions, such as blue coloring of the skin, throat swelling, or shortness of breath, call 9-1-1.

Information on scheduling home air quality testing and private well water testing:

- Residential Testing Hotline: 330-849-3919

Information on odors, fumes, or personal health:

- Train Derailment Incident Hotline: 234-542-6474

Questions on animal health:

- Division of Animal Health, Ohio Department of Agriculture: 614-728-6220



Ohio

Department of Agriculture
Department of Health
Department of Natural Resources
Department of Mental Health &
Addiction Services
Environmental Protection Agency



ema.ohio.gov/eastpalestine



East Palestine

Mental Health Resources for Residents

It's important to take care of yourself, even during a disaster. Pay attention to how you and your family members are acting and feeling, and reach out for help if you need it.

Mental Health Resources

The Counseling Center (Lisbon, Salem, Calcutta)
330-424-9573

Family Recovery Center (Lisbon)
330-424-1468

Community Action Agency (Calcutta, Lisbon)
330-386-7870

OnDemand Counseling (East Liverpool)
330-932-0157

Insight Clinical Counseling & Wellness, LLC (East Palestine, East Liverpool, Salem)
330-397-6007

Ohio CareLine
800-720-9616

Common Signs of Emotional Stress

- Feelings of disbelief or numbness.
- Change in energy or activity levels.
- Difficulty concentrating.
- Change in appetite.
- Sleeping problems or nightmares.
- Feeling anxious, fearful, or angry.
- Headaches, body pain, or skin rashes.
- Chronic health problems get worse.
- Increase use of alcohol, tobacco, or drugs.



Ohio

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