

#PrepOnABudget – Week 3 (September 15-21)



Emergency/Communications Planning – Oftentimes after a major incident, telephone lines become overloaded and it's difficult to make local phone calls. Either pre-designate an out-of-state emergency contact or try texting. Remember that during emergencies, sending text messages or using social media is usually more reliable and faster than trying to make a call.

Every household should make an emergency plan. It is important to know which types of disasters or incidents can impact your home or community. Know how you'll contact family members and reconnect if separated. And establish a family meeting place that is familiar and easy to find.

Click [here](#) for additional information on making an emergency and communications plan.

Suggested items available for about \$1 each:

- State or Local Map (free)
- Notepad, Writing Paper, Activity Books
- Writing Utensils (pens, pencils, markers, etc.)
- Whistle (to signal for help)
- Matches or lighter
- Flashlight, Batteries
- \$5+ Battery-Operated Radio/NOAA Weather Radio

[Flood Survivor Story](#) | FEMA video