Congressional Advisory: “Fall Back”
While Stepping Up Your Disaster Readiness
October 30, 2015

Sunday, November 1, Daylight Saving Time ends and we set our clocks back an hour. Take advantage of extra sleep, then take a few simple steps to make your home more disaster-resilient:

1. **Verify your carbon monoxide and smoke detector work.** Follow the manufacturer’s instructions for testing the equipment to ensure it’s functioning appropriately. Invest in new detectors if they’re near or past the manufacturer's recommended replacement age.

2. **Have a professional inspect the chimney and any fuel-burning heating equipment** (fireplaces, furnaces, water heaters, wood stoves, coal stoves, space heaters and portable heaters) in your home to verify everything is working properly.

3. If you’re using a fireplace, space heater or wood stove, **make sure that anything flammable is at least three feet away.** Space heaters are particularly dangerous if used improperly. Make sure to use heaters that have the label of a recognized testing laboratory and always operate according to the manufacturer's guidelines.

4. **Winterize your home** to extend the life of your fuel supply by insulating walls and attics, caulking and weather-stripping doors and windows, and installing storm windows or covering windows with plastic. Insulating pipes will help prevent them from freezing.

Find even more information and tips to better prepare your home for the winter months ahead at [www.ready.gov/winter](http://www.ready.gov/winter) and [www.usfa.fema.gov](http://www.usfa.fema.gov).

FEMA’s mission is to support our citizens and first responders to ensure that as a nation we work together to build, sustain, and improve our capability to prepare for, protect against, respond to, recover from, and mitigate all hazards.

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