COLUMBUS, Ohio – With the images of flooding in northern and north-central Ohio seen on television sets and newspapers throughout the state and across the country, many citizens, community groups and business owners may feel a need to provide assistance and support to those impacted.

“Our thoughts and prayers are with those who have been impacted by the flooding,” said Governor Ted Strickland. “I appreciate everyone’s willingness to help, however I want to remind everyone that caution must be exercised to ensure unsolicited donations and unaffiliated volunteers do not over-burden rescue and relief efforts.”

Individuals or businesses who want to be a part of the relief efforts are encouraged to seek out information provided by volunteer agencies, faith-based organizations and community partners regarding identified needs.

By far, the best way to help is through cash donations made to organizations helping those Ohioans impacted by the flooding. Cash donations, once made to relief organizations are immediately placed into the areas with the greatest impact and the greatest need.

You can log onto www.nvoad.org for more information on volunteering and donating.