Personal Preparedness

State of Ohio’s Emergency Management “Be Prepared” Kit
The Kit includes sections for preparing an Emergency Plan and Checklist for the Home; a Shelter Checklist and Planning Tool for Preparing to go to a Shelter; a Checklist of Important People and Papers; and A Personal Health Information Card.

Emergency Preparedness at Home for People with Disabilities: Guidelines
Impact: Guideline and checklist on planning and protecting oneself at home when disaster strikes.

Personal Emergency Preparedness: Who Are Your People?
Planning for disasters, and doing so with identified family members – personal emergency preparedness plans.

FEMA: Preparing for Disaster for People with Disabilities and Other Special Needs
This guide helps people with disabilities prepare and emergency plan to protect themselves, family, friends, personal care assistant and others in the support network in the event of an emergency.

FEMA (Video): Preparing Makes Sense for People with Disabilities and other Access and Functional Needs (with signing interpretation inset)
A unique instructional video containing information specific to Americans with disabilities or other access and functional needs regarding emergency preparedness.

Be Ready To Go: Disability-Specific Supplies for Emergency Kits
Checklists on how to prepare different emergency kits for different places and situations:
- Carry-On-You Kit
- Grab-and-Go Kit
- Home Kit
- Bedside Kit
- Car/Vehicle Kit

CDC – Disability and Health Emergency Preparedness
For the millions of Americans with disabilities, emergencies such as fires and floods present real challenges. Learn how people with disabilities, their families, and first responders can plan ahead for safety during a disaster.

AAPD - Emergency Preparedness for People with Disabilities
The AAPD offers information for people with disabilities and planning/preparing for emergency situations. People with disabilities need to take additional supplies, procedures and resources into account.
Home Preparedness – What to do in an Earthquake
US Insurance Agents: Although earthquakes are not incredibly common in Ohio, this type of preparedness should help promote safety in general and help prepare people for extreme weather.

Ready.gov – Preparing Makes Sense for People with Disabilities and Special Needs
Get a Kit. Make a Plan. Be Informed. This resource page provides guidance on what you should include in you kit, how to make and maintain a plan, and how to be informed about what might happen.

Ready.gov – Individuals with Disabilities
Information on how to get informed, make a plan, and build a kit for individuals with disabilities.

Effective Emergency Preparedness Planning: Addressing the Needs of Employees with Disabilities
U.S. Department of Labor, Office of Disability Employment Policy: This webpage includes resources related to workplace emergency preparedness and the needs of employees with disabilities.

The first step for including employees with disabilities in emergency evacuation plans is plan development. Plan development begins with identifying accommodation needs.

Ohio Department of Education: Keep Students Safe
Keeping children safe and healthy during school hours is central to the mission of each school district. During times of crisis, school staff must function temporarily as first responder, parent, nurse, and physician. During a crisis, schools may need to feed, shelter, administer first aid, and handle mental health needs of all students, including an array of special needs students or students with limited English proficiency.

Ohio Department of Education: Resolve To Be Ready Campaign Offers Families Emergency Planning Tips
Ready.gov offers families, businesses and communities tips on how to help prepare for potential natural disasters or terrorist events.

Ohio Department of Education: School Safety – Prevent, Prepare, Respond, Recover
Resource page for local school districts, families and communities to ensure the safety of their children.

Ohio Department of Education: School Safety Plans
Resource page that provides links to the Ohio Revised Code statute, the Associated Administrative Rule, and resources to help schools comply with the law.
Ohio Department of Education: Tip Line Information
An anonymous tip line service available free of charge to every school district and public and private school in Ohio.

Ohio Department of Education: School Safety Policy
Ohio Department of Education Policy: A student attending a persistently dangerous public elementary or secondary school in Ohio, or who becomes the victim of a violent criminal offense, as determined by Ohio law, while in or on the grounds of a public elementary or secondary school that the student attends in Ohio during the time school is in session, or during school sponsored activities, shall be allowed to attend a public elementary or secondary school within the same school district that is not persistently dangerous, provided there is such a school in the district that offers instruction at the student's grade level.

Ohio Department of Education: Assist in School Emergencies
Guidance on how to mitigate/prevent, prepare, respond and recover from school emergencies and crises.

CDC: Disability and Health Emergency Preparedness Tools and Resources
State-by-state guides to resources for people with disabilities, and their caregivers. Emergency preparedness and response tools and resources that states use to reach out to communities.

USFDA: Information Regarding Insulin Storage and Switching Between Products in an Emergency
Safety information on insulin storage and effectiveness and its availability to patients in an emergency.

Surviving Severe Weather: Tools to Promote Emergency Preparedness for People Experiencing Homelessness
National Health Care for the Homeless Council – Personal preparedness and emergency information for people with limited resources, such as people experiencing homelessness.

Home Use Devices: How to Prepare For and Handle Power Outages
US Dept. of Health & Human Services – Guide/toolkit to help users of home medical devices have an established plan to take necessary actions to continue use of their devices, have the necessary plans for operating their devices, and know where to go or what to do during a power outage.